

# Sorrowful Mysteries

Rosary for Civic Leaders & Participation



**Catholic  
Conscience**  
The oice of the heart.



# Opening Prayers

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- **Apostles' Creed**

I believe in God, the Father Almighty, Creator of Heaven and earth;  
and in Jesus Christ, His only Son Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and is seated at the right hand of God, the Father almighty; from there He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting.  
Amen.

- **The Lord's Prayer**

Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come. Thy Will be done, on earth as it is in Heaven.

Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

- **Three Hail Marys** (*three times, for the virtues of Faith, Hope and Charity*)

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- **Glory Be**

Glory Be, to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end.  
Amen.

## The Agony in the Garden

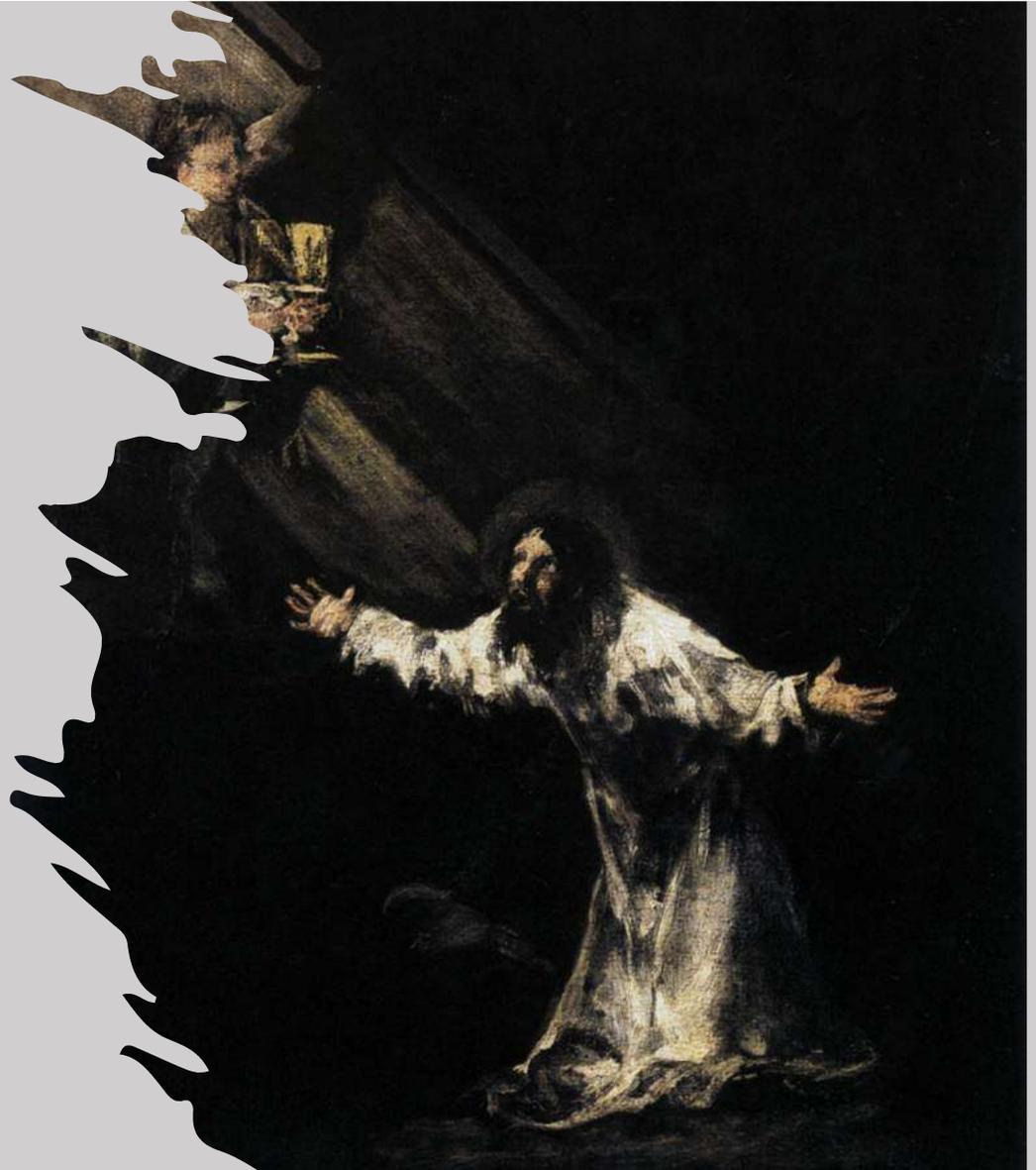
[Having broken bread with his disciples,] Jesus came with them to a place called Gethsemane... He took along Peter and the two sons of Zebedee, and began to feel sorrow and distress. Then he said to them, "My soul is sorrowful even to death. Remain here and keep watch with me." He advanced a little and fell prostrate in prayer, saying, "My Father, if it is possible, let this cup pass from me; yet, not as I will, but as you will."

When he returned to his disciples he found them asleep. He said to Peter, "So you could not keep watch with me for one hour? Watch and pray that you may not undergo the test. The spirit is willing, but the flesh is weak."

(Matthew 26)

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***Mother of God, pray with us that we may remain always awake and alert to accompany you and your Son in prayer, wherever you lead us, particularly when darkness closes in and those who are responsible for our safety are acting unjustly, causing harm to us or to others rather than gathering, protecting, and nurturing us.***





## The Scourging at the Pillar

Jesus answered, “My kingdom does not belong to this world. If my kingdom did belong to this world, my attendants [would] be fighting to keep me from being handed over... You say I am a king. For this I was born and for this I came into the world, to testify to the truth. Everyone who belongs to the truth listens to my voice.”

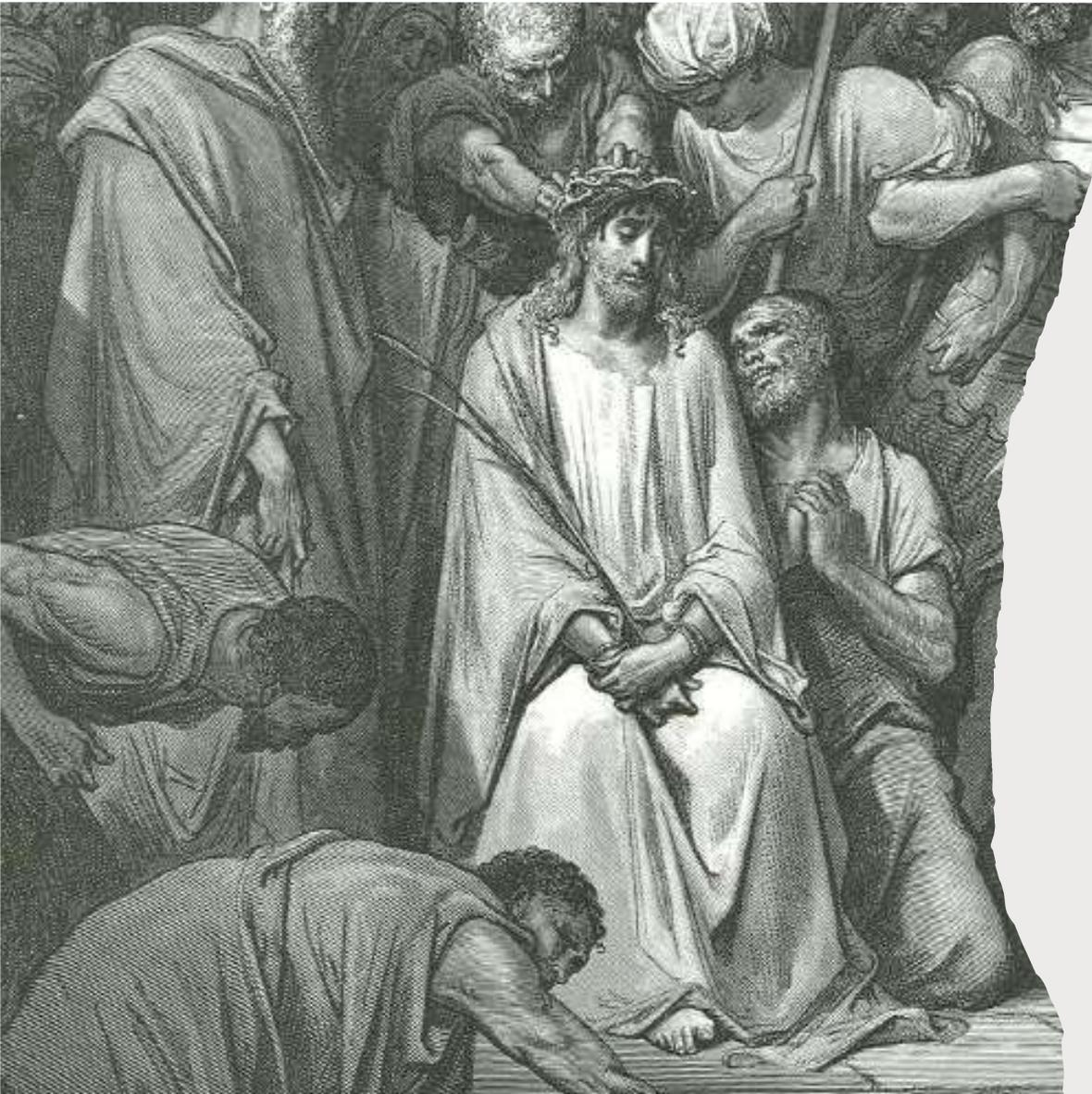
Pilate said to him, “What is truth?”

When he had said this, he again went out to the Jews and said to them, “I find no guilt in him. But you have a custom that I release one prisoner to you at Passover. They cried out again, “Not this one but Barabbas!” Then Pilate took Jesus and had him scourged.

*(John 18-19)*

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***Mother of God, pray with us that even when our own communities have turned against us, when those responsible for our protection care less for justice than for popularity, we may remain faithful to the Truth brought to us by your Son.***



## Crowning with Thorns

Then the soldiers of the governor took Jesus inside the praetorium and gathered the whole cohort around him. They stripped off his clothes and threw a scarlet military cloak about him.

Weaving a crown out of thorns, they placed it on his head, and a reed in his right hand. And kneeling before him, they mocked him, saying, "Hail, King of the Jews!" They spat upon him and took the reed and kept striking him on the head.

And when they had mocked him, they stripped him of the cloak, dressed him in his own clothes, and led him off to crucify him.

(Matthew 27)

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***Mother of God, pray with us that when we are mocked, abused, or neglected while standing firm in Truth that is your Son, we may accept our trials calmly and humbly, holding firmly in our hearts the truth that we are loved by God, and that he is nearby, inviting us to aid in His plan of salvation .***

## Carrying the Cross

So [Pilate] released the man who had been imprisoned for rebellion and murder, for whom they asked, and he handed Jesus over to them to deal with as they wished.

As they led him away they took hold of a certain Simon, a Cyrenian, who was coming in from the country; and after laying the cross on him, they made him carry it behind Jesus.

A large crowd of people followed Jesus, including many women who mourned and lamented him. Jesus turned to them and said, "Daughters of Jerusalem, do not weep for me; weep instead for yourselves and for your children, for indeed, the days are coming when people will say, 'Blessed are the barren, the wombs that never bore and the breasts that never nursed.'

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***Mother of God, pray with us that we, like you, might follow Jesus even through the darkest and most difficult hours, when those meant to lead us have betrayed, abused or neglected us, so that with Christ we might persevere to the glory of the Resurrection.***



# Crucifixion

Standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary of Magdala. When Jesus saw his mother and the disciple there whom he loved, he said to his mother, "Woman, behold, your son." Then he said to the disciple, "Behold, your mother." And from that hour the disciple took her into his home.

After this, [he was] aware that everything was now finished, in order that the scripture might be fulfilled...

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***Mother of God, we pray that we might share in the courage you displayed in standing firm beneath the cross of your Son. You stayed with Jesus even after Peter and the others had denied Him and fled. We know that your Son is the Way and the Truth and the Life. We pray for the strength to witness faithfully, as you did, even when all seems lost, confident in the certainty of the Resurrection.***



# Hail Holy Queen,

## **Mother of Mercy,**

Our life, our sweetness and our hope!

To you do we cry, poor banished children of Eve.  
To you do we send up our sighs, mourning and  
weeping in this valley of tears.

Turn, then, most gracious advocate, your eyes of  
mercy toward us, and after this, our exile, show  
unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the  
Promises of Christ.



**O God**, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal salvation. Grant, we beseech Thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through Christ our Lord. Amen.

**Lord Jesus Christ**, Son of the Father, send now Your Spirit over the earth. Let the Holy Spirit live in the hearts of all nations, that we may be preserved from degeneration, disaster and war. May the Lady of All Nations, the Blessed Virgin Mary, be our Advocate.

† **We ask all this in Jesus' name. Amen.**



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